

Atmosphere

Air

Ball/Globe

North Pole

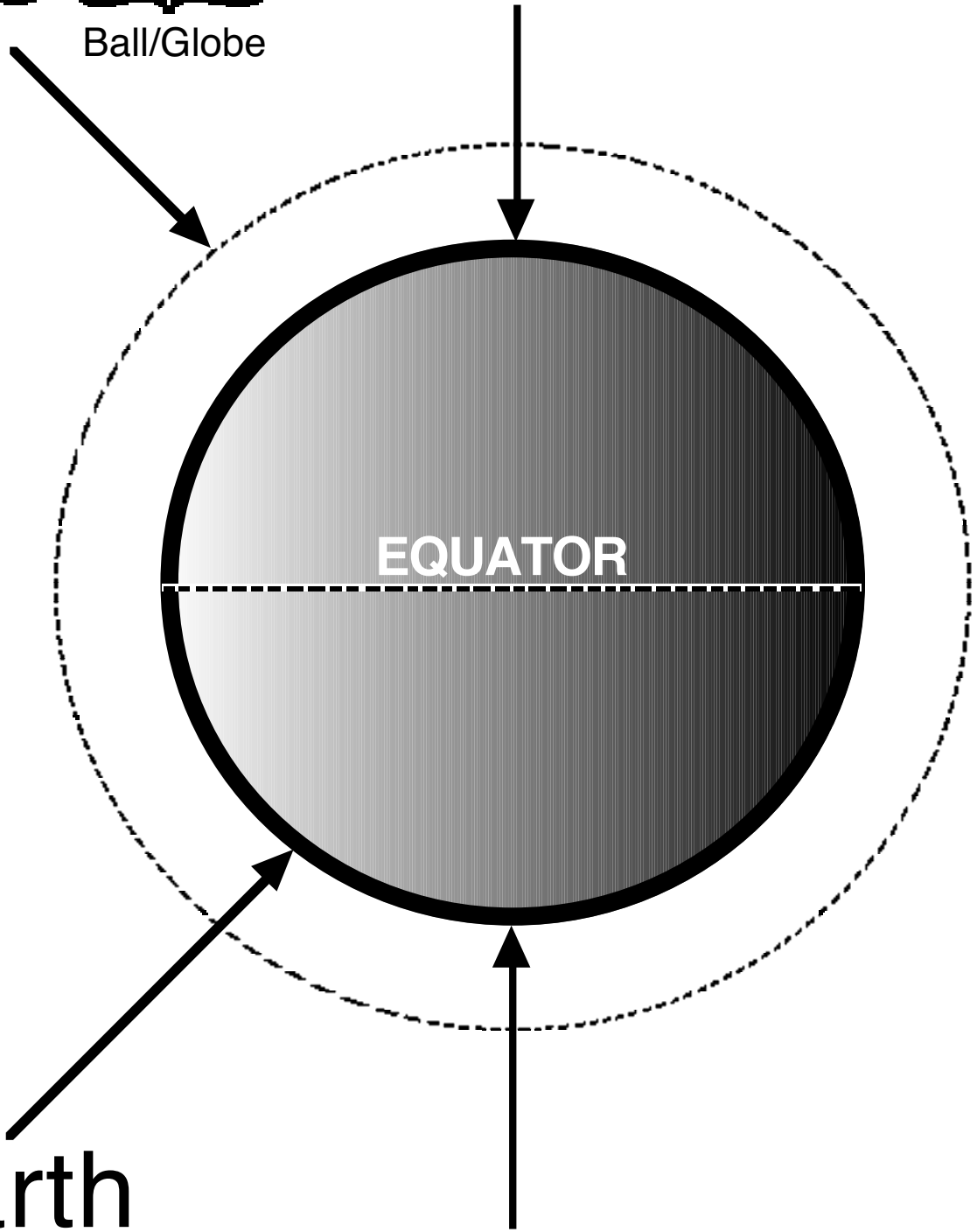
EQUATOR

South Pole

Earth

Diagram 1

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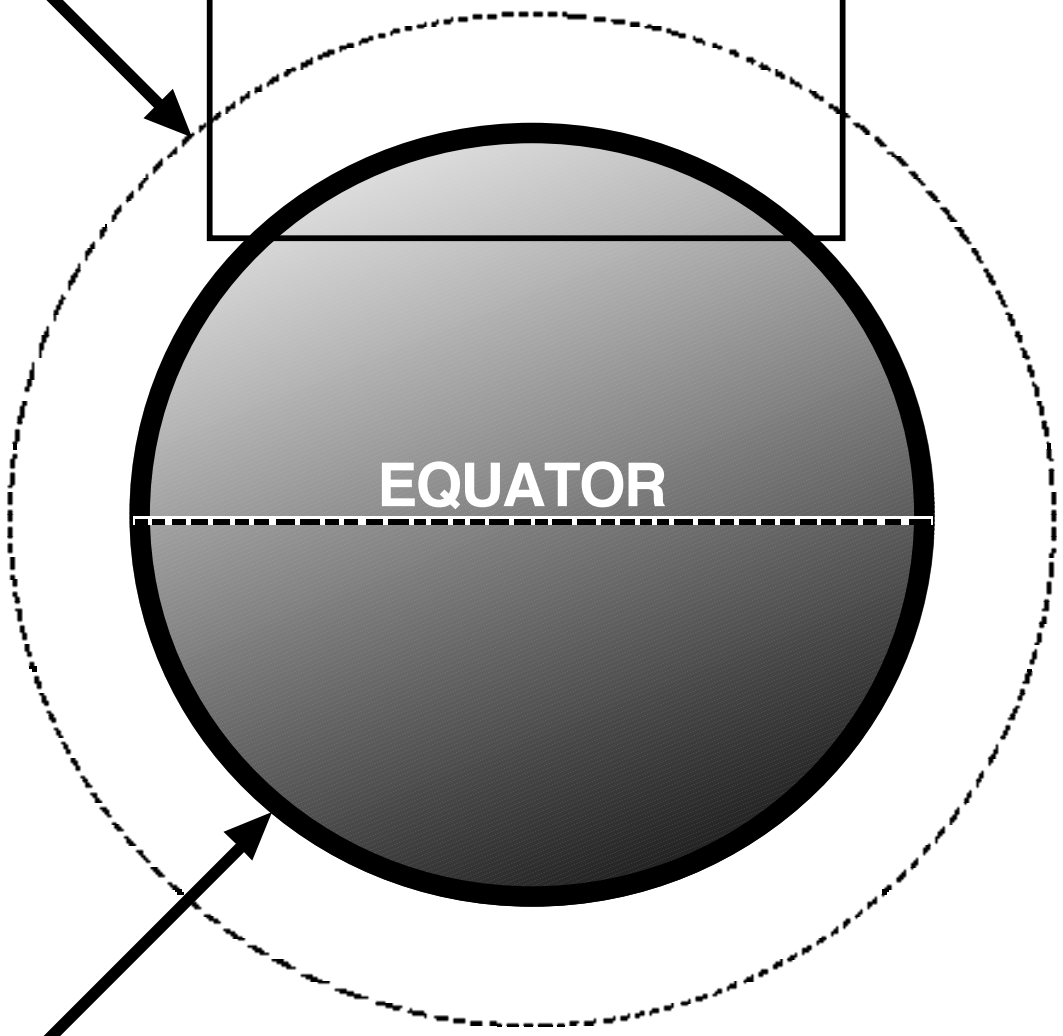
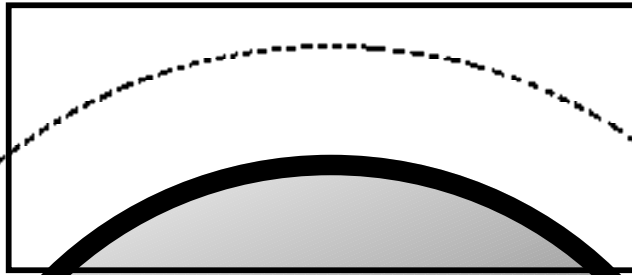
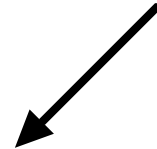
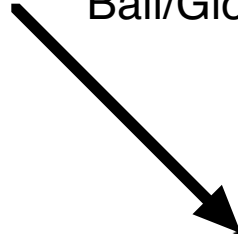


Atmosphere

"ZOOM IN" Area

Air

Ball/Globe



EQUATOR

Earth

Diagram 3

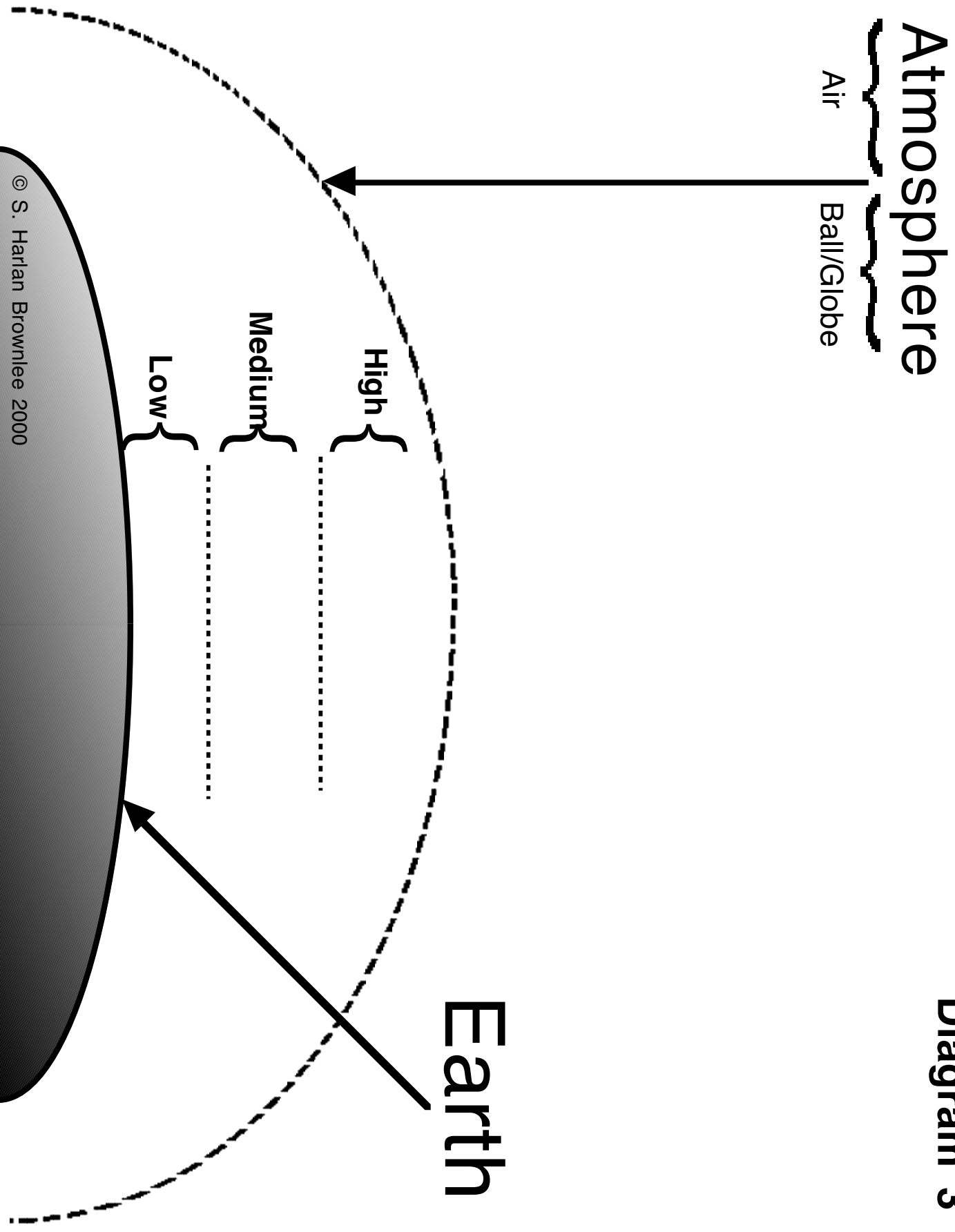


Diagram 4

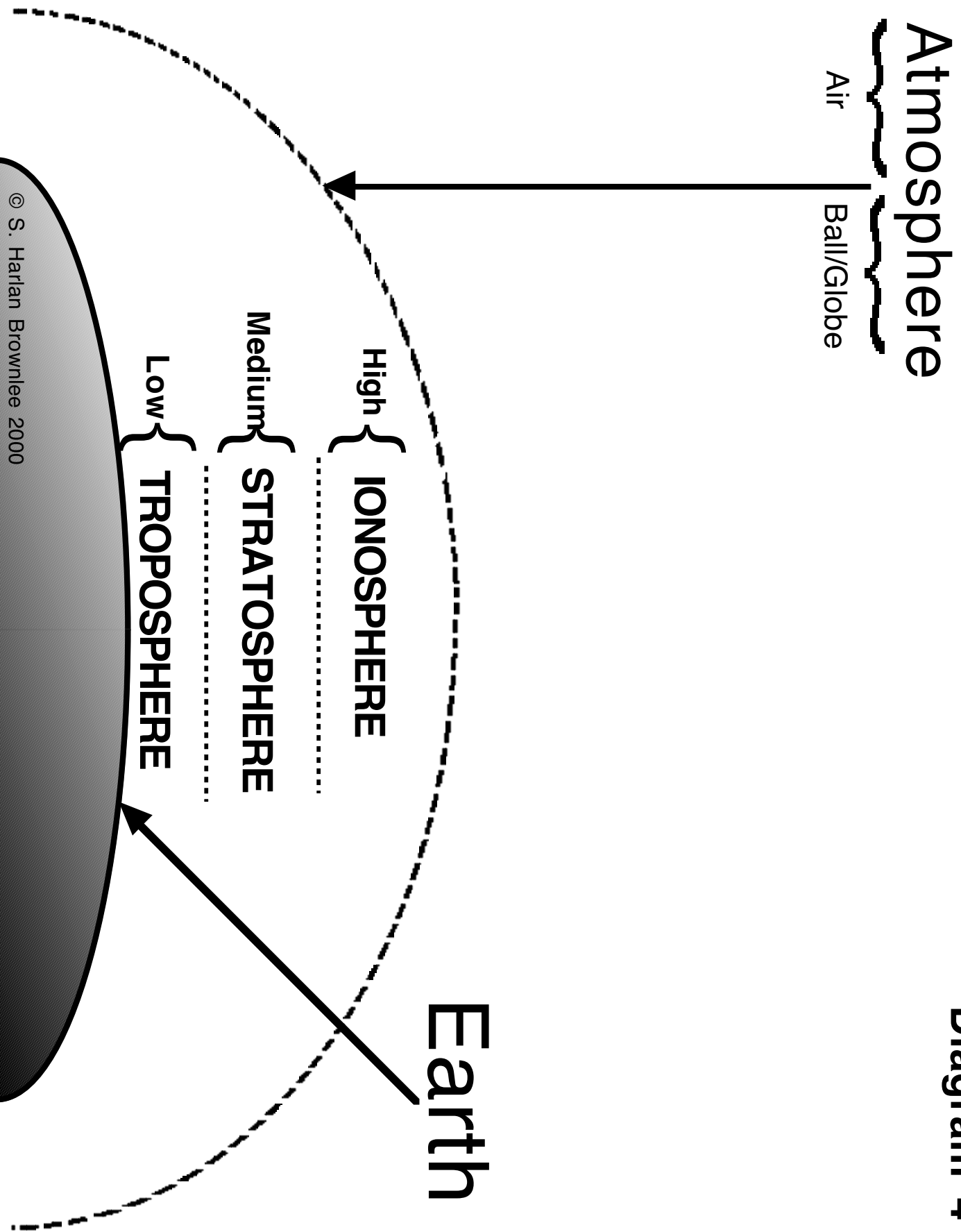
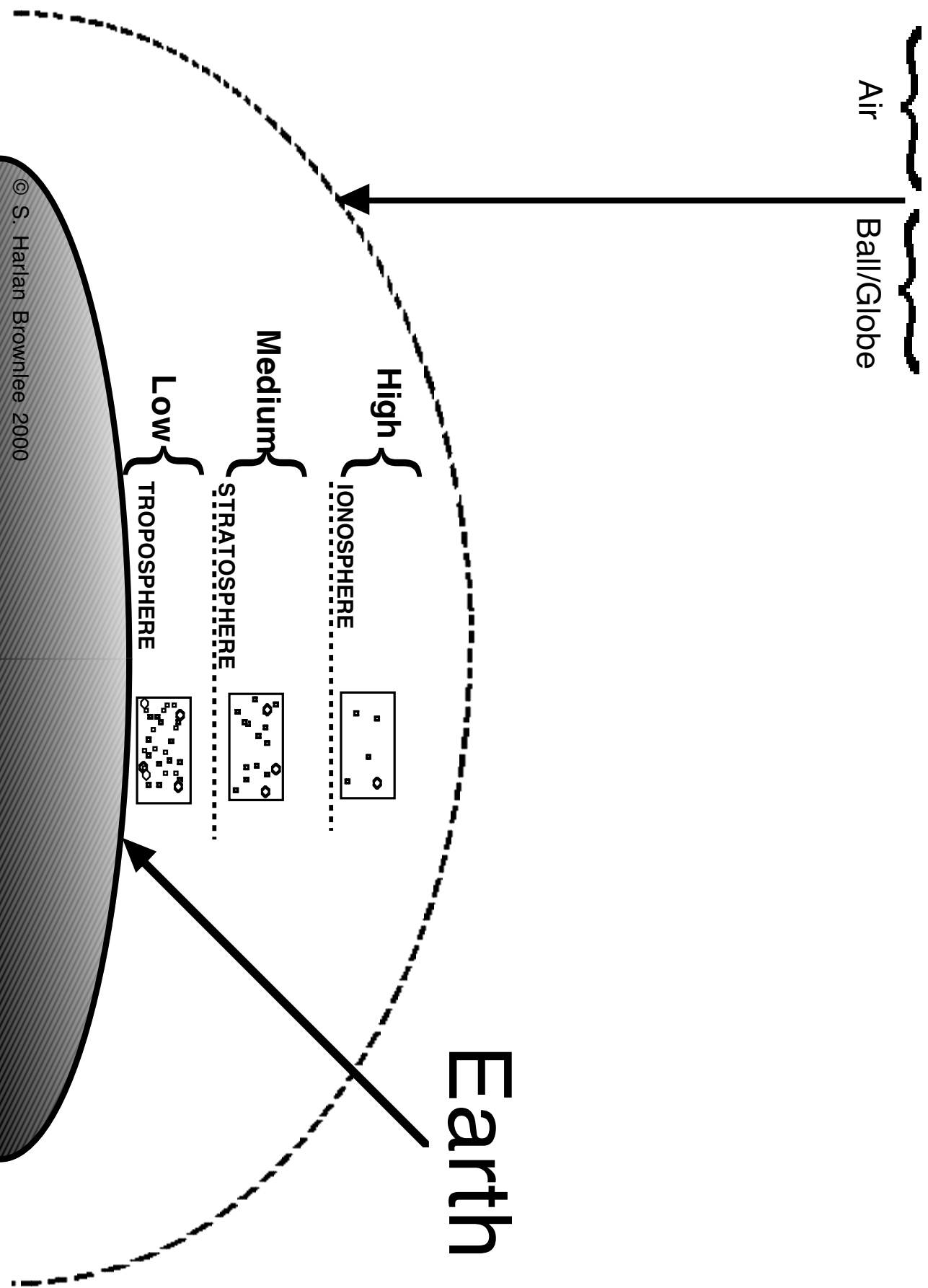


Diagram 5

Atmosphere



WEATHER ON THE MOVE

Table 1 - Rondo Form / Troposphere "A" motif

Troposphere "A"	Stratosphere "B"	Ionosphere "C"
Go for 8 counts		
	Go for 8 counts	
Go for 8 counts		
		Go for 8 counts
Go for 8 counts		

Table 2 - Rondo Form / Stratosphere "A" motif

Troposphere "C"	Stratosphere "A"	Ionosphere "B"
	Go for 8 counts	
		Go for 8 counts
	Go for 8 counts	
Go for 8 counts		
	Go for 8 counts	

WEATHER ON THE MOVE

Table 3 - Rondo Form / Ionosphere "A" motif

Troposphere "B"	Stratosphere "C"	Ionosphere "A"
		Go for 8 counts
Go for 8 counts		
		Go for 8counts
	Go for 8 counts	
		Go for 8 counts

Table 4 - Rondo Form / Canon - Troposphere "A" motif

8 counts	8 counts	8 counts	8 counts	8 counts	8 counts
A	A				
	B	B			
		A	A		
			C	C	
				A	A

Weather on the Move

Table – 5 Sphere's Density Dance Rubric / Checklist

Task	Advanced	Proficient	Novice
Maintains awareness of personal space and group space	Seldom bumps into others or loses track of kinesphere. Immediately identifies and moves into space that is empty	Occasionally, bumps into others or loses track of kinesphere. Identifies and moves into space that is empty	Attempts to maintain kinesphere, but bumps into other students on regular basis
Demonstrates ability to change speed and size of locomotor skills depending on amount of space available to move in , i.e., the smaller the available space the smaller the size of locomotor steps and the slower the speed of movement	As amount of available space to move in changes, immediate changes are made in size, direction and speed of locomotor skills,	As amount of available space to move in changes, appropriate changes are made in size and direction of locomotor skills	As amount of available space to move in changes, attempts to make appropriate changes in size of locomotor skills,
Demonstrates changes in levels	Uses all three levels fluently in axial movements and demonstrates ability to change level while traveling through space with a variety of locomotor skills	Uses all three levels in axial movements and demonstrates ability to change level while traveling through space	Attempts to use all three levels in axial movements
Demonstrates ability to change body shapes and maintain them	Uses all three levels in shape choices. Can maintain a still shape for at least 15 seconds, including balances. Can integrate and preserve the integrity of shapes while moving through space	Uses all three levels in shape choices. Can maintain a still shape for at least 5 seconds. Can integrate and preserve the integrity of shapes while moving through space	Attempts to use all three levels in shape choices. Attempts to maintain a still shape for at least 5 seconds.
Remembers and can identify specific shapes and locomotor skills	Can identify the levels of shapes including those that are in between major levels. Knows all seven basic locomotor skills and can recombine them in unexpected ways	Can identify the levels of shapes. Knows all seven basic locomotor skills and can recombine them in many ways	Attempts to identify the levels of shapes. Attempts to know all seven basic locomotor skills and recombine them in many ways
Can keep track of and count musical beats in 4/4 time	Can accurately keep a steady beat, change tempos, find the downbeat or one count.	Can accurately keep a steady beat and find the downbeat or one count.	Attempts to keep a steady beat.
Relates layers in the atmosphere to levels in space	Demonstrates understanding of atmosphere layers and levels by changing the body accurately to communicate or represent the intended concept of layers in unusual or unexpected ways	Demonstrates understanding of atmosphere layers and levels by changing the body accurately to communicate or represent the intended concept of layers	Attempts to demonstrate understanding of atmosphere layers and levels by changing the body to communicate or represent the intended concept of layers
Relates air density and space between particles to use of space between dancers	Demonstrates understanding of air density and space between dancers by changing the body accurately to communicate or represent the space between particles and their respective spheres in unusual or unexpected ways	Demonstrates understanding of air density and space between dancers by changing the body accurately to communicate or represent the space between particles and their respective spheres	Attempts to demonstrate understanding of air density and space between dancers by changing the body to communicate or represent the space between particles and their respective spheres
Identifies and uses the classical composition forms of motif and variation, rondo and canon	Creates phrases of movement that are repeatable and organizes them with classical composition forms/structures in unusual or unexpected ways	Creates phrases of movement that are repeatable and organizes them with classical composition forms/structures	Attempts to create phrases of movement that are repeatable. Attempts to organize them with classical composition forms/structures

The Elements of Dance and Movement

Body

Body Parts

head, trunk, arms, hands, etc.

Body Action

flexion, extension, rotation, adduction, abduction

Shift of Weight

locomotor skills

Time

Tempo (speed)

slow, medium, fast, accelerate, decelerate

Rhythm

pulse, accent, meter, syncopation

Space

Level

high, medium, low, ground, air

Direction

forward, backward, sideways

Pathway

curved, zigzag, straight, indirect, combination

Focus

inward, outward, broad, specific

Spatial Planes

vertical, horizontal, lateral

Range of Action

small, medium, large

Energy (qualities of movement)

Basic

Sustained, Shaking, Percussive, Swinging

Advanced

Force

strong, medium, light

Flow of energy

free, bound

Direction of energy

expansive, contraction