

## Ballet and Classical Music

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**barre:** piece of wooden equipment used for balance

Five positions of the feet (have students diagram each position on the opposite side of the index card):

- 1st position
- 2nd position
- 3rd position
- 4th position
- 5th position

**plié:** to bend the knees

**tendu:** to stretch the feet

**port de bras:** use of the arms

**degages:** to disengage off the floor

**grand battement:** to toss your leg in the air

**chassé:** to slide along the floor

**grand jeté:** leap from one foot to the other

**pirouette:** to turn on one leg

**curtsey/bow:** to bend and gesture toward the audience