

## Elements of Dance

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Student Name: \_\_\_\_\_

### Fill in the blanks.

The elements of dance are:

1. \_\_\_\_\_
  - fast/\_\_\_\_\_/slow
  - with music/without music
  
2. \_\_\_\_\_
  - **levels:** low, medium, high
  - \_\_\_\_\_: forward, backward, sideways, diagonal, and turning
  - **focus:** straight/curved, open/closed
  
3. \_\_\_\_\_
  - strong/light
  - sharp/\_\_\_\_\_
  
4. \_\_\_\_\_
  - shapes
  - parts
  
5. \_\_\_\_\_
  - \_\_\_\_\_: walk, run, leap, hop, jump, skip, slide, and gallop
  - \_\_\_\_\_: bend, twist, stretch, and swing
  - leading/following